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LYNTON
URBAN DISTRICT
COUNCIL.

ANNUAL REPORT
OF THE
MEDICAL OFFICER OF HEALTH
FOR THE YEAR
1966.

Town Hall,
LYNTON,
North Devon.

Tel: Nos:
Lynton 3288.
Lynton 2204.



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LYNTON URBAN DISTRICT COUNCIL.

To: The Chairman and Members of
the Lynton Urban District Council.

Ladies and Gentlemen,

I have pleasure in presenting herewith my ANNUAL REPORT for the year ended 31st December 1966.

PUBLIC HEALTH STAFF.

Medical Officer of Health: Dr. M.P. Nightingale, M.R.C.S.,
L.R.C.P.
"Kneesworth", Lee Road, LYNTON.
Private Tel: No: Lynton 2204.

Chief Public Health Inspector: Mr. T.J. Loveless, A.I.A.S.,
M.A.P.H.I.
Town Hall, LYNTON.
Tel: No: Lynton 3288.

Clerk: Mr. J.E. Beggs,
Town Hall, LYNTON.

GENERAL STATISTICS.

Area in Acres.....	7,628
Population (Reg.Gen. Mid-year Estimate)...	1,680
Number of inhabited houses.....	622
Rateable Value.....	£58,399
Sum represented by 1d. Rate.....	£243. 6. 7.

VITAL STATISTICS.

Live Births: Legitimate: Males	7.	Females	13.	Total.....	20
Illegitimate: Males	1.	Females	-	Total.....	1
Live Birth Rate per 1,000 population.....					12.5
					(14.35
					Adjusted)
Illegitimate live births per cent of total live births.....					4.76
Still births: Legitimate.....					Nil
Illegitimate.....					Nil
Total Live and Still births.....					21
Infant deaths under 1 year.....					Nil
Infant Mortality Rates per 1,000 total live births.....					Nil
" " " " " " "					Legitimate..... Nil
					Illegitimate.... Nil
Neo-natal Mortality Rate (deaths under 4 weeks					
per 1,000 total live births).....					Nil
Early Neo-natal Mortality Rate (deaths under 1 week					
per 1,000 total live births).....					Nil
Perinatal Mortality Rate (Still births and deaths under					
1 week combined per 1,000 total live and still births).....					Nil
Maternal Deaths (including abortion).....					Nil
Maternal mortality rate per 1,000 live and still births.....					Nil
Deaths..... Males 11 Females 10 Total.....					21
Death rate per 1,000 population.....					14.35
Death rate per 1,000 population adjusted.....					8.32
Births: Comparability Factor.....					1.14
Deaths: Comparability Factor.....					0.58

Deaths.

8 had reached the age of 75 and over.

8	"	"	"	"	"	65	-	75
3	"	"	"	"	"	55	-	65

Deaths from:

Malignant Neoplasm, Lung, Bronchus.....	1
Malignant Neoplasm, Uterus.....	1
Other Malignant and Lymphatic Neoplasms.....	9
Vascular Lesions of Nervous system.....	1
Coronary Disease, Angina.....	3
Hypertension with heart disease.....	-
Other heart disease.....	1
Other circulatory disease.....	2
Pneumonia.....	-
Other diseases of Respiratory system.....	-
Nephritis and Nephrosis.....	-
Hyperplasia of Prostate.....	-
Other Defined and Ill-defined diseases.....	1
Bronchitis.....	1
Leukaemia and Aleukaemia.....	1
Total	<u>21</u>

Notifiable Diseases.

Measles.....	<u>4</u>
Total	<u>4</u>

There were no cases of food poisoning reported during the year and I am again pleased to mention the very low incidence of seasonal gastro-enteritis which no doubt is due mainly to the improved hygiene within the Urban District.

Clinic and Treatment Centres.

The new Health Clinic was completed and opened by the Devon County Council in Burvill Street, Lynton. The Clinic provides Consulting and Waiting Rooms for the Local Practitioners, accommodation for Health Visitor, Health Education Relaxation and Dentist/Chiropodist, a Car Park and Pram Park in the front, storage and sanitary accommodation inside the building.

The extension to the Lynton and District Cottage Hospital was completed and opened by the Management Committee of the North Devon Hospital. The extension provides for three maternity beds, extension to the Men's Ward, sanitary accommodation, Labour Ward, Consulting Room, etc.

The Chest Clinic for this area is held at the North Devon Infirmary, Barnstaple.

Tuberculosis.

Treatment for tuberculosis is carried out at the Hawley Sanatorium in the Borough of Barnstaple and at Hawkmoor Sanatorium near Bovey Tracey.

Venereal Disease.

There were no reports of Venereal Disease. The nearest centre for treatment is at Barnstaple North Devon Infirmary and any cases that occur in this Urban District go direct to Barnstaple.

Ambulance Service.

Responsibility for the provision of an Ambulance Service rests with the County Council and its Health Committee have arranged for this to be provided by the Lynton St. John Ambulance Association.

The Staff consists of one part-time Member, 4 men Volunteers and 7 Volunteer Nurses. The Ambulance is garaged at Cross Street, Lynton. The Hospital Car Service is available on application by the Doctors to the Hospital.

The Lynton and Lynmouth Division of the St. John Ambulance Association acquired and formed new Headquarters in Bakers Yard, at the rear of Lee Road, consisting of a Lecture Room, Nurses Training Room, Kitchen Facilities, Store Room and Sanitary Accommodation. The Headquarters provides for improved facilities for training voluntary personnel who attend and staff the Ambulance.

Isolation of Infectious Diseases.

The nearest Isolation Hospital for Infectious Diseases is the Kingsley Hospital at Bideford.

Maternity.

There are three beds for maternity cases at the Lynton & District Cottage Hospital, with a fully qualified staff available. At the North Devon Infirmary there is an additional Ward available for cases of difficulty.

Ante-Natal and Post-Natal Clinics.

Ante-Natal and Post-Natal Clinics are conducted at the Lynton Cottage Hospital by each General Practitioner in co-operation with the Hospital Staff.

Home Help Scheme.

The Home Nursing Service is operated by one District Nurse in conjunction with Nursing and Midwifery duties. In addition, assistance in the home is given by one Home Help.

Child Welfare.

The Centre is now held at the Health Clinic, Burvill Street, Lynton, and is open on the first and third TUESDAYS in the month, with a County Council Welfare Worker in attendance.

Vaccination and Immunisation.

Vaccination and Immunisation are carried out by the General Practitioners of the area and also at the Welfare Centre and the School Clinics.

Laboratory Facilities.

Facilities are available for Bacteriological examinations of all kinds at the Public Health Laboratory, Exeter.

Water Supply.

The following information regarding the main water supply from the North Devon Water Board's Works at Dean Steep, Lynton, has been kindly given by the Chief Engineer (North).

The supply has been entirely satisfactory, both in quality and quantity, and no restrictions have had to be imposed. Bacteriological samples are taken weekly from various consumers taps in the area of the supply and of the 121 samples taken, all proved satisfactory and equivalent to a class 1 piped supply. Samples of bacteriological examinations are not normally taken of the raw water, as this is known to vary from day to day, according to rainfall but, in view of the substantial increase in camping during the Summer season within the catchment area of the stream which feeds the intake, weekly samples have again been taken throughout the summer of 1966, and indicate the extent of seasonal pollution. Previous reports have contained The Counties Public Health Laboratories' reports on the samples taken from the raw water inlet and the samples submitted after treatment and these examination reports are still applicable.

The supply is not plumbo-solvent and no action is necessary with regard to contamination.

Standpipes from Public Mains are not used in Lynton, supplies being taken direct to all properties. The number of dwelling houses supplied direct from public mains is 538 and the estimated population supplied 1,560.

Ten samples from private supplies in the outlying district have been taken and nine samples were equivalent to a class 1 piped supply and one sample showed slight contamination.

A supply was taken from the new 500,000 gallon service reservoir in the Old Station vicinity to all the properties at the Old Station and the existing spring supply, which has been the source of complaint in the past, has been discontinued. The new supply is pumped direct from the reservoir into the roof storage tanks of the dwellings.

A number of small defective sections of water main were renewed, additional valves provided, and combined service pipes separated as part of a programme to improve the mains system in the Town area.

Sewerage.

The main sewerage systems in Lynton and Lynmouth operated satisfactorily without any complaints.

The Council's Consulting Engineers submitted their scheme for the provision of a sewerage system for Barbrook Village to the Council and the outcome of applications for planning and Ministry consent is awaited.

Rainfall.

The following figures of rainfall were recorded at Caffyns Heanton during 1966:-

	<u>Inches</u>
January	3.63
February	6.04
March	2.07
April	6.29
May	4.52
June	4.75
July	2.58
August	5.02
September	2.77
October	5.24
November	4.56
December	8.07
	<u>55.54</u>

Swimming Pool.

One Public Swimming Pool exists in the Urban District and is under the control of the local authority. The Pool is sited on the Esplanade foreshore, Lynmouth, and is covered completely by each tide.

A Private Swimming Pool exists adjoining the Tors Hotel. The pool (24,000 gals.) is filled once per year with water from the Town Supply, continuously circulated around the pool by means of a pump, filtered and chlorinated in process of circulation.

Public Cleansing.

The collection and disposal of refuse, both from household and trade premises, was made weekly during the Winter months, and twice-weekly collections, with thrice-weekly collections from large houses and hotels, during the holiday period. Farm houses and dwellings in outlying areas receive, by agreement, quarterly collections.

Rodent Control.

The refuse tip remained free from heavy rodent infestation throughout the year and periodic treatment with Warfarin successfully kept the tip under control. A successful annual treatment of the Council's sewers was carried out in Lynton and Lynmouth.

Complaints of rodent infestation were still received from premises adjoining the river banks.

All treatments and inspections were carried out by the Council's part-time Rodent Operator.

INSPECTION AND SUPERVISION OF FOOD.

Food Premises in the District:-

	<u>Type</u>	
Bakehouses	1
Butcher's Shops	4
Cafes and Restaurants	20
Confectioners	10
Dairies	1
Grocer's Shops	8
Greengrocers	6
Licensed Premises	13
Hotel and Boarding Houses	65
Fish and Chip Shops	1
Fish Shops	-

Twenty seven Food Premises are registered under Section 16 of the Food and Drugs Act 1955 for the sale of Ice Cream.

Food Hygiene Regulations 1960.

Total Number of Food Premises:- 127

Number of premises fitted to comply with Regulation 16 (provision of wash hand basins). 94

Number of premises to which Regulation 19 applies (provision of washing facilities for food and equipment). 113

Number of premises fitted to comply with Regulation 19. 113

Thirty four visits were paid to Food Premises during the year. The improvements in the standards of the premises visited have been continued. No formal action has been necessary.

Meat Inspection.

The private slaughterhouse in Lynton did not operate during 1966, all Butchers obtaining their meat from outside the Urban District.

Poultry Inspection.

There are no poultry processing establishments within the District.

Condemned Foodstuffs.

The following foodstuffs were condemned and disposed of by the Council at their Refuse Tip:-

Tinned Meat	14 tins.
Tinned Fruit	14 tins.
Tinned Fish	1 tin.
Fish	4 lb.
Poultry	8½ lb.

Milk Supply.

Three purveyors of milk are registered as distributors in the district. All milk supplied in the Urban District is either pastourised or tuberculin tested.

Diseases of Animals (Waste Foods) Order 1957.

Two licences have been issued to operate boiling plants for waste food under the above provisions.

This duty has been delegated by the Devon County Council to the Council.

PETROLEUM.

The number of licensed premises in the year was 9.

CARAVAN AND CAMPING.

Licensed Sites.

<u>Name of Site.</u>	<u>Static Holiday.</u>	<u>Touring.</u>	<u>Total.</u>
Sunny Lyn, Lynbridge.	31	7	38
West Lyn, Manor Farm.	20	32	52
Dean Steep, Lynton.	6	-	6
High Bullen.	1	-	1
Sixacre Wood, Lee Abbey.	1	-	1

OFFICES, SHOPS AND RAILWAY PREMISES ACT 1963.

The number of premises registered at end of 1966 was 48. Persons employed at registered premises were 85 males and 155 females - a total of 240 persons.

Total number of inspections made - 26.

FACTORIES ACTS, 1937 and 1948.

Part 1 of the Act.

Inspections for purposes of provisions as to Health (including inspections made by Public Health Inspectors).

Premises	Number on Register.	Number of		
		Inspections	Written Notices	Occupiers Prosecuted
(i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities	Nil	Nil	Nil	Nil
(ii) Factories not included in which Section 7 is enforced by the Local Authority	5	3	Nil	Nil
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	1	1	Nil	Nil
Total	6	4	Nil	Nil

Cases in which defects were found:

Particulars	Number of cases in which defects were found				Number of cases in which prosecutions were instituted
	Found	Remedied	Referred to H.M. Inspectr.	Referred by H.M. Inspectr.	
(1)	(2)	(3)	(4)	(5)	(6)
Want of Cleanliness (S.1)	Nil	Nil	Nil	Nil	Nil
Overcrowding (S.2)	Nil	Nil	Nil	Nil	Nil
Unreasonable Temperature (S.3)	Nil	Nil	Nil	Nil	Nil
Inadequate Ventilation (S.4)	Nil	Nil	Nil	Nil	Nil
Ineffective drainage of floors (S.6)	Nil	Nil	Nil	Nil	Nil
Sanitary Conveniences (S.7)(a) Insufficient	Nil	Nil	Nil	Nil	Nil
(b) Unsuitable or defective	Nil	Nil	Nil	Nil	Nil
(c) Not separate for sexes	Nil	Nil	Nil	Nil	Nil
Other offences against the Act (not including offences relating to Out-work)	Nil	Nil	Nil	Nil	Nil
Total	Nil	Nil	Nil	Nil	Nil

HOUSING.

(a) Number of houses which on inspection were considered to be unfit for human habitation.....	18
(b) Number of houses the defects of which were remedied in consequence of informal action by the Local Authority.....	4
(c) Number of representations made to Local Authority with a view to (1) the service of notices requiring execution of works or (2) the making of Demolition or Closing Orders.....	2
(d) Number of notices served requiring the execution of works.....	Nil.
(e) Number of Closing Orders made.....	2
(f) Number of Demolition Orders made.....	Nil.
(g) Number of houses in respect of which an undertaking was accepted.....	Nil.
(h) Number of houses demolished.....	2

Improvement Grants.

Number of Standard Grants received and approved during the year amounted to 8; 4 were owner-occupiers of the premises and 4 tenanted.

Amenities provided included:

Fixed bath	6
Wash hand basin	7
Hot water system	8
W.C. within the dwelling	7
Food store	7

I have the honour to be
Ladies and
Gentlemen,
Your obedient Servant,

M.P. NIGHTINGALE, M.R.C.S., L.R.C.P.

